Vindaloo Arctic Char (or Salmon)

Ingredients:

2 TBL olive oil

1 Arctic Char fillet side

2-4 tsp Goan Vindaloo

Salt to taste

Spices Used: Goan Vindaloo

Instructions:

1 - Rub fish with salt, vindaloo and oil.

2 - Grill or roast for 9 minutes or until it flakes easily.